

Kindergarten Education Scheme

School-based Learning Activity of Chinese Culture

Pok Oi Hospital Chan Poon Pui Ching Memorial Kindergarten Day Nursery

Year 2025-2026

Class : N

Activity

《Delicious Dim sum》

Objectives

- Learn about traditional Dim Sum dishes (shrimp dumplings, shumai, custard buns, char siu buns) at different Tea Houses.
- Use different senses to recognize the characteristics of various pastries.
- Enjoy role-playing with classmates, practice using polite language, and act out a scene of having tea at a teahouse.

Description

Students learnt about the traditional dim sum served at tea houses through picture cards. Then, they explored and experienced the characteristics of the dim sum using their senses. Finally, the children did a role-play as little chefs and little guests with their peers to experience the atmosphere of having tea at a tea house.

Documentation



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Year 2025-2026

Class : N,K1

Activity

《Dragon Boat Festival》

Objectives

- Learn about the physical characteristics and texture of Dragon Boat Festival food (zongzi)
- Learn about Dragon Boat Racing during the Dragon Boat Festival
- Engage in a role-playing with classmates to experience the atmosphere of the Dragon Boat Festival

Description

Through stories and videos, the students learnt about the origin of the Dragon Boat Festival and its traditional foods. Then, they observed the appearance of zongzi, explored the bamboo leaves and fillings, tasted the zongzi, and participated in dragon boat racing simulation game/activity to experience the traditional and cultural activities of the Dragon Boat Festival.

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Year 2025-2026

Class : K1

Activity

《Little Grain Rain Cup》

Objectives

- Understand the Twenty-Four Solar Terms—Grain Rain
- Learn and understand China's Agricultural Culture
- Engage in a role play acting out the roles of farmers to experience and appreciate the farming hard work.

Description

Students learnt about “Grain Rain,” which is one of the 24 solar terms and gain understanding of traditional Chinese farming culture through a story. After which, they acted out the roles as little farmers to experience and appreciate firsthand the joy of sowing seeds and tilling the soil during the “Grain Rain” season.

Documentation



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Year 2025-2026

Class : K2

Activity

《Recycled Paper》

Objectives

- Learn about “papermaking,” which is one of China’s Four Great Inventions, and gain an understanding of the environmental concept of recycling waste paper and the processes involved in making recycled paper.
- Through hands-on processes such as soaking pulp, stirring, papermaking, and pressing, student experience firsthand the joy of turning waste into treasure and develop an environmental awareness that values resources.

Description

Through the hands-on processes of soaking and stirring paper pulp, then filtering and pressing it dry, students experienced the wisdom of the Ancient Chinese Papermaking techniques. The activity transformed abstract environmental concepts into sensory exploration, helping the students develop an understanding of “turning waste into treasure” and caring for the Earth as they create eco-friendly recycled paper.

Documentation



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Year 2025-2026

Class : K2

Activity

《Learn About the Chinese National Flag and Emblem, and the Hong Kong Regional Flag and Emblem》

Objectives

- Identify the distinctive features of the Chinese national flag, national emblem, and the Hong Kong regional flag and emblem.
- Observe and identify patterns related to China and Hong Kong in everyday objects
- Develop a basic understanding of the People's Republic of China and the Hong Kong Special Administrative Region, and foster a sense of respect for the national flag, national emblem, regional flag, and regional emblem.

Description

By observing the flags and emblems of China and the Hong Kong Special Administrative Region, and by exploring Hong Kong banknotes and coins through their senses, the students learnt and familiarized the iconic features of the Nation and the Hong Kong Special Administrative Region, while deepening their sense of national identity and nationalism.

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Year 2025-2026

Class : K3

Activity

《Major Cold: Ginger Tea Workshop》

Objectives

- Enhance student's understanding of Chinese Cuisine
- Experience making Traditional Chinese Dishes
- Understand the Customs and Significance of the “Major Cold” Solar Term

Description

Through hands-on activities, students learnt about the traditional customs associated with “Major Cold” one of the Twenty-Four Solar Terms, and the origins of ginger tea. The activity began with a brief introduction to the foods and traditional customs associated with Great Cold. The students were guided to observe the ingredients used to make ginger tea, such as brown sugar, red dates, and ginger. Finally, using safe and easy-to-handle materials, they learnt and experienced the process of making the traditional Chinese beverage step by step and enjoyed the fun of the activity.

Documentation



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School-based Learning Activity of Chinese Culture

Pok Oi Hospital Chan Poon Pui Ching Memorial Kindergarten Day Nursery

Year 2025-2026

Class : K3

Activity

《The Magical Sundial》

Objectives

- Understand the important ancient Chinese invention “The Sundial” and learn its practical use
- Learn to make a simple sundial using everyday materials and experience the wisdom and creativity of ancient Chinese people
- Show willingness to share discoveries with peers, fostering a heart of natural inquiry and curiosity

Description

Children explored the relationship between light, shadows, and time by crafting a simple sundial hands-on. The activity began with a brief introduction on how people in Ancient China used sundials to tell the time. Next, teachers guided the students to do a personalized sundials craft using simple materials. Finally, students observed the movement of shadows under flashlight illumination while appreciating experiencing the wisdom of ancient Chinese scientific instruments and cultivating their interest in traditional Chinese scientific inventions.

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Pok Oi Hospital Chan Poon Pui Ching Memorial Kindergarten Day Nursery

Year 2025-2026

Class : K2,K3

Activity

《Parent-Child Cultural Experience Tour》

Objectives

- Learn about "Sugar Painting" and "Traditional Rubbing Techniques," two Intangible Cultural Heritage items, and gain a preliminary understanding of traditional folk-art features
- Experience the charm of traditional Chinese crafts together as a family, immersing in hands-on activities to appreciate the rich heritage of Chinese folk art

Description

Students together with their parents took part in the "Joyful Parent-Child Cultural Experience Tour" to create by themselves and experience themselves the two traditional crafts: "Sugar Painting" and "Intangible Cultural Heritage Rubbing." Through these joyful and interactive experiences, families appreciated the charm of intangible cultural heritage, deepened parent-child bonds, and passed down traditional Chinese cultural arts.

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Year 2025-2026

Class : N,K1,K2,K3

Activity

《In-School Chinese New Year Flower Market》

Objectives

- Understand the traditional customs of Lunar New Year and the culture of flower markets
- Use diverse materials to create Lunar New Year crafts, such as mandarin oranges and Fai Chun, and to enhance fine motor skills and artistic expressions
- Experience the joyful festive atmosphere through flower market visits and stall-hosting interactions, cultivating an appreciation for traditional culture

Description

All the students in school unleashed their creativity in creating Lunar New Year artworks and crafts , such as mandarin oranges and Fai Chun. Through interactive experiences of running stalls and visiting the flower market, students immersed themselves in the joyful and vibrant Lunar New Year atmosphere, while experiencing the endless joy of creation and sharing.

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Class : N,K1,K2,K3

Activity

《Year of the Horse Celebration》

Objectives

- Understand Lunar New Year and the significance of the Year of the Horse
- Understand the meaning of the character "Fu" (Blessing) in Lunar New Year and appreciate the traditional emphasis on auspicious symbolisms in Chinese culture
- Experience the spirit of school-family unity in celebrating the New Year together through parent-child co-creation

Description

All the students in school joined hands to create a collective artwork celebrating the Year of the Horse. Tailored to different age groups, students used diverse materials to craft their own unique horses while experiencing the joy of hands-on creation. Parents were also invited to co-create the crafts by stamping the character "Fu" (Blessing) onto the artwork, symbolizing good wishes and reunion. Through this school-wide collaborative project, students immersed themselves in the Lunar New Year atmosphere and learned about the significance of the Year of the Horse, along with the spirit of striving forward represented by the idiom "Yi Ma Dang Xian".

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