Pok Oi Hospital Chan Poon Pui Ching Memorial Kindergarten Day Nursery

Year 2024-2025

Class: K1

### Activity

《Autumn Begins — Drying Crops In Autumn Sunshine》

### **Objectives**

- Recognize that dried tangerine peel is a type of fruit peel.
- Explore the shape, base, and the major characteristics of tangerines.
- Enjoy and participate in the traditional Chinese agricultural activity.

## Description

Autumn is a harvest season. Teachers used a variety of vegetables and fruits, such as corn and tangerines, to allow engage the students to explore with nature through multiple senses: visual, tactile, and olfactory. Students touced the outer layer of the corn, smelt the fragrance of tangerines, and personally peeled the tangerines, tearing them into small pieces to decorate a craft with different patterns created by their own group. The processess involved stimulating their curiosity and fostering their hands-on skills and independence.











Pok Oi Hospital Chan Poon Pui Ching Memorial Kindergarten Day Nursery

Year 2024-2025

Class: K2

### Activity

《Winter Solstice — Making Tangyuan》

## **Objectives**

- Recognize the food customs of the Winter Solstice, including eating tanguan.
- Explore the effect of the amounts of water has on the glutinous rice dough when making tangyuan.
- Enjoy making tangguan with peers and experience the cultural significance of "togerness and family reunion" in Chinese tradition.

## Description

By personally making tanguan, students can not only observe the physical changes that occur when glutinous rice is mixed with water, but also learnt the precise amount of water needed in making a dough and the process of kneading the flour. Moreover, they directly experienced the cultural significance of "reunion" through making tanguan and gained a deeper understanding of the Chinese tradition of valuing family harmony and the sharing of happiness.



Pok Oi Hospital Chan Poon Pui Ching Memorial Kindergarten Day Nursery

Year 2024-2025

Class: K2

## Activity

《Awakening of Insects — "Awakening of Insects, Sounds of Spring Thunder》

### **Objectives**

- Recognize the changes in nature during the awakening of insects.
- Play games using the seasonal song of awakening insects and the sound of spring thunder, and use sentence patterns and expressions to express the awakening of insects during this time.
- Enjoy playing games with peers and observe the fascinating changes in nature during the Awakening of Insects.

## Description

Students participated in the role-playing game in which they immitate the movements of insects emerging from hibernation. This activity deepened their understanding of the concept of "spring thunder awakening all things." The activity emphasized play-based learning, fostering observation skills, imitation abilities, and teamwork through interactive games. Additionally, it connected students to real-life experiences and sparked students' interest in and appreciation of the natural seasonal changes.









Pok Oi Hospital Chan Poon Pui Ching Memorial Kindergarten Day Nursery

Year 2024-2025

Class: K3

### Activity

《Awakening of Insects — How to Make Goji Berry, Snow Fungus, and Snow Pear Drink》

### **Objectives**

- Learn about the traditional custom of the awakening of insects with a goji berry, snow fungus, and snow pear drink.
- Experience making goji berry, snow fungus, and snow pear drinks with peers.
- Foster a sense of care for both one's own health and the health of others.

## Description

By showcasing goji berries, snow fungus, and snow pears, students gained an understanding of the health benefits of these plants and fruits. Also, the activity stimulated their curiosity and sense of engagement. Through the experience of making snow pear drink, they developed awareness of healthy beverage while appreciating its signifiance in the traditional Chinese culture. This process encouraged them to value their own health and the health of others and to cultivate a positive, proactive attitude toward life.



Pok Oi Hospital Chan Poon Pui Ching Memorial Kindergarten Day Nursery

Year 2024-2025

Class: K3

### Activity

《Twenty-Four Solar Terms — A Journey Through Porcelain Painting 》

## **Objectives**

- Understand the significance of the twenty-four solar terms and their impact on Chinese agriculture.
- Recognize the characteristics and historical significance of blue and white porcelain, and learn to use pigments to create blue and white porcelain patterns on paper plates.
- Be able to share your work with peers, appreciate the work of others, understand traditional cultural arts, and enhance national pride.

## Description

By combining the twenty-four solar terms with blue and white porcelain, children experienced the glamour of traditional Chinese art. At first, students learned about the origin and the production process of blue and white porcelain, studied the classic color schemes and patterns such as flowers and birds, color coordination, they then designed their own works based on the solar term themes they have learnt.











Pok Oi Hospital Chan Poon Pui Ching Memorial Kindergarten Day Nursery

Year 2024-2025

Class: K1

### Activity

《Lunar New Year Traditions》

### **Objectives**

- Be able to describe common customs of the Lunar New Year, including major cleaning, posting Spring Couplets, and having a reunion dinner.
- Be able to use appropriate tools to perform major cleaning and post Spring Couplets.
- Experience and embrace the joyful atmosphere of the Lunar New Year.

## Description

Students learned about the cultural significance of "major cleaning, posting Spring Couplets, and having a reunion dinner" through interactive games. Accompanied by traditional New Year children's songs to create a festive atmosphere, students simulated major cleaning using toy brooms and post Spring Couplets in the classroom, experiencing New Year customs firsthand. Finally, students used sentences to express and share their feelings, which enhanced both language expressions and strengthen their holiday memories.









Pok Oi Hospital Chan Poon Pui Ching Memorial Kindergarten Day Nursery

Year 2024-2025

Class: K2

## Activity

《Understanding Traditional New Year Foods》

### **Objectives**

- Recognize traditional New Year foods—red melon seeds, pistachios, sweet lotus root, sugar oranges, and understand their symbolic meanings.
- Explore and describe the shapes, colors, flavors, and other characteristics of Lunar New Year foods.
- To be able to congratulate one another, experiencing the joy of "blessing others" and "receiving blessings" during the Lunar New Year.

## Description

Students explored the colors, shapes, and flavors of various traditional New Year foods through multiple senses, gaining a deeper understanding of their cultural significance. They also participated in congratulatory games to share blessings associated with these foods, and experienced the joy of both giving and receiving well-wishes.



Pok Oi Hospital Chan Poon Pui Ching Memorial Kindergarten Day Nursery

Year 2024-2025

Class: K3

## Activity

《Handwritten Spring Couplets for the Year of the Snake》

### **Objectives**

- Begin by understanding the traditional cultural significance and characteristics of writing Spring Couplets.
- Be able to communicate with peers by reading Spring Couplets through pictures and text.
- Experience the art of writing Spring Couplets to deepen your appreciation of traditional New Year customs.

### Description

By exploring traditional calligraphy art, students gained insight into the historical origins and craftsmanship behind Spring Couplets and the Four Treasures of the Study, allowing them to appreciate the traditional writing tools. Through auspicious characters such as "Fu" (blessing) and "Chun" (spring), they learned the profound meanings these symbols convey, inspired them to create their own personalized words of blessings. Additionally, students personally grinded ink and held brushes, that made them experience the rhythmic beauty of calligraphy through each stroke.



Pok Oi Hospital Chan Poon Pui Ching Memorial Kindergarten Day Nursery

Year 2024-2025 Class: N, K1, K2, K3

#### Activity

《The Day and Night of Victoria Harbour》

#### Objectives |

- Recognizing the works of Chinese artist Wu Guanzhong
- Recognizing Western Artists The Works of Mondrian
- Develop the Skill in painting the scenery of Victoria Harbour in the style of ink wash painting, and enhance artworks using rubbings, watercoloring, and weaving techniques.
- Able to enjoy the creative process with peers.

#### Description

The Day and Night of Victoria Harbour inspired by Wu Guanzhong's ink wash paintings and Mondrian's use of colors. It was a collaborative painting piece created by all the teachers and students of the school. K3 students visited the Hong Kong Museum of Art's special exhibitions, Guanzhong — Black, White, Gray" and "The World of Cézanne and Renoir, choosing which exhibits they appreciated as to the brushwork, rendering of ink wash and the brushstrokes characteristic that characterize Impressionist painting. On the other hand, N, K1 and K2 students created works inspired by Mondrian, using color graffiti and rubbings.













Pok Oi Hospital Chan Poon Pui Ching Memorial Kindergarten Day Nursery

Year 2024-2025

Class: N

### Activity

《Delicious Dim Sum》

## **Objectives**

- Recognize and taste the Chinese dim sum in tea houses, such as shrimp dumplings, siu mai, and char siu buns.
- To be able to employ techniques such as rolling, kneading, pressing, and shaping to make siu mai using soft clay.
- To taste and make Chinese dim sum, which aids to experience the essence of Chinese culinary culture.

## Description

Students personally experienced Chinese dim sum through visual, olfactory, and gustatory senses. They observed the shape, the aroma, and the taste of the dim sum, and appreciated its rich layers. Afterwards, they used soft clay to create their own siu mai, replicating the delicious appearance of the dim sum. Through this playful activity, students learned about the Chinese culinary culture while enjoying the joy and sense of accomplishment that comes from handmade creations.













