

**Kindergarten Education Scheme  
School-based Learning Activity of Chinese Culture  
Display Form**

**Pok Oi Hospital Mrs Yam Wing Yin Kindergarten**

Name of School

**2023-2024**

School Year

**K1**

Grade Level

**Name of Activity**

Parent-child Wing Chun experience activities

**Objective(s)**

- Appreciate the Chinese Wing Chun martial arts.
- Initial experience of Wing Chun martial arts.

**Brief Descriptions:**

1. A Wing Chun master introduces the physical benefits of practicing Wing Chun martial arts.
2. The Wing Chun master introduces the basic moves of "Little Thoughts" in Wing Chun martial arts.
3. Parents and children can practice the basic moves of "Little Thoughts" while listening to the Wing Chun master's mantras, and have an initial experience of Wing Chun martial arts.
4. Summary: Parents and children are invited to share their feelings about experiencing Wing Chun martial arts.

Record of Activity (E.g. Children's Work / Photos / Videos of the activity)

